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Contact: Kendria Jackson
Phone: 301.509.5644
Email: kendria@nicoleink.com
Website: www.nicoleink.com

NEW BOOK ON TEEN PREGNANCY SHEDS LIGHT ON RECENT CONTROVERSIES

In the wake of new statistics from the Center for Disease Control indicating that teen pregnancy is on the rise for the first time in years as well as Tuesday's announcement that 16-year-old Jamie Lynn Spears is pregnant, a new book entitled *Glori* could provide the answers people are looking for.

“This should be a wake-up call,” says *Glori's* author, Nicole Lynn Lewis. “Yes, we have to find the most effective prevention efforts, but we also need to look for ways to break the cycle of teenage pregnancy. We have to support the young girls who are already pregnant or parenting and help them get an education and create stable lives for themselves and for their families.”

A teenage mother herself, Lewis knows first-hand the struggles that teen parents face. In *Glori*, readers follow her through the tremendous difficulties as well as the rewarding triumphs of surviving – and succeeding – on her own with a baby at 19-years-old. With elements of homelessness, poverty, oppressive relationships, drugs, violence, isolation and doubts, Lewis found herself in a situation similar to that of many teen mothers. However, what follows is what makes Lewis' story unique. Through relentless work, sacrifice and bull-headed determination, she goes on to earn two degrees, purchases her own home and pursues a rewarding career.

“Teen pregnancy is not a poor thing or a black thing. It can happen to anyone. Jamie Lynn is an example of that,” Lewis says. “In *Glori*, you see that I succeeded as a teen

mom because I believed in myself. That's the answer to this whole thing. We have to talk to our teens. We have to show them how to believe in themselves so they make better decisions, and we have to support them even in the consequences of those decisions.”

About the Author

Lewis is currently promoting *Glori* through signings and media appearances. She is also speaking to various audiences on topics ranging from how to survive as a young mother to achieving your goals. *Glori* is available online at www.amazon.com and www.barnesandnoble.com and through bookstores nationwide. For more information on Lewis, her latest projects, upcoming appearances, etc., please visit her website www.nicoleink.com. To arrange a book signing or interview, contact Kendria Jackson at 301.509.5644 or kendria@nicoleink.com.

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